South Wedge Farmers Market Opens for the Season with Strawberry Festival

by Sue Gardner Smith

The South Wedge Farmers Market gets off to a sweet start this year on Thursday, June 12, with an Opening Day Strawberry Festival. The Market is located at 100 Alexander St. (behind Boulder Coffee) and runs from 4 to 7 p.m. every Thursday through October 16. Strawberry treats will be available, including a special offering prepared by Chef Adrian Baldwin of Napa Wood-Fired Pizzeria. Strawberry recipes will be available with ideas on how to prepare the fresh, sweet berries available from Market farmers. (Mother Nature willing!) Kids can taste a juicy strawberry at the Wedge Veg Passport Kids’ tent.

South Wedge Planning Committee is grateful this year for support from Genesee Co-op Federal Credit Union, the South Clinton Merchants Association, Wedge 23 LLC and Highland Contractors. Sign up for weekly emails at the website, www.swfm.org and follow the Market’s activities on Facebook, Twitter, and Pinterest.

Tips for Market Shoppers!

Get to know the farmers at the farmers market. Not only does it make food shopping more fun, it allows you to better understand the information that benefits customers and farmers alike. Customers can learn about the farms, its growing practices and what to do with a purple turnip. Farmers learn what products their customers are looking for and what growing practices they value. Lots of friendships are forged at farmers markets.

Discover the pleasures of seasonal eating. There are no seasons at the supermarket. We can get grapes from Chile, tomatoes from Mexico, everything under the California sun any time of year. Local eating means a return to seasonal eating. There’s no comparing the first local just-picked June strawberry to its year-round supermarket counterpart—it’s worth the wait. Once you get used to the idea, the fresh, intense flavors of local, seasonal foods will win you over.

Think about the big picture. By shopping at a farmers market, we are helping farmers whose names we know put food on their tables. We are supporting businesses we value, rather than large corporations far away. We are active participants in creating a stronger local food system.

Help us spread some South Wedge Farmers Market Love!

If you see one of our posters, post cards, or banners in the community, take a selfie with it! Then post it to our Facebook page, tweet it at us, or Instagram it using #SWFMselfie.

On opening day (June 12), we’ll pick our favorite #SWFMselfie and have an awesome prize for the winner at the market!

Inside:

- Orbs Restaurant
- Surface Salon
- The North Wedge Comic
- “Talking with My Mouth Full!” Nathaniel Mich at Flour City Bakery
- Horoscopes by Kimberly Wright
- Rochester Hope for Pets
- Parents & Teachers
- Clean Sweep Visited
- HPNA Annual Art Show

Landmark Society House & Garden Tour June 6 and 7. Story inside.

ABVI Builds Mobility Training Area at S. Clinton Ave. Site

by Todd Pipitone

As the Greater Rochester area’s provider of comprehensive low vision and vision rehabilitation services, the American Blind and Visually Impaired (ABVI) is the place to turn to for a growing number of individuals and families in the community seeking to overcome barriers created by significant vision loss.

In 2012, ABVI opened its new Vision Rehabilitation Center, allowing the organization to position itself to provide services to the increasing population within the community that have significant vision loss. With the inside of the building complete, ABVI turned its attention to the outside—specifically, to an area behind the building that is adjacent to the 490 Expressway. Currently under construction, the outdoor area is designated for training and play for people of all ages who are blind or visually impaired.

“Many people, especially adults, who come to ABVI for services, tell us that with their lack of vision they are afraid to travel or even leave their homes,” said Tracy Schleyer, VP of Development at ABVI. “Our dedicated staff enhances the lives of these individuals by training them to be mobile, to go outdoors, to continue their joy of activities such as gardening and being in the environment they always loved.”

Schleyer said that having space on ABVI’s campus for this type of training is going to have a “tremendous impact on the lives of many people.”

The 12,000 square foot addition is an outdoor adaptive area specifically designed with the needs of people with vision loss in mind, and improves ABVI’s ability to meet the needs of the people it serves throughout the year – on sunny, rainy, and snowy days.

The biggest challenge and biggest opportunity facing ABVI, Schleyer says, is meeting the needs of the youngest individuals. ABVI serves youth who are blind or visually impaired.

impairment of basic life skills and the lack of a social, inter-personal, and everyday living skills due to their inability to visually observe others. Additionally, this inability to observe can impact a youth’s ability to appropriately develop gross motor skills.

“The potential exists for children with visual impairments to have the same level of motor skills and fitness as their sighted peers,” said Schleyer. “Unfortunately, the lack of professional preparation has created barriers to successful inclusion. Various delays that children who are blind or visually impaired often experience are predominantly a result of discouraging attitudes and the lack... continued on pg. 12
Hospital sprawl occurs when large institutions expand in ways that are inappropriate to their neighborhoods. It’s the opposite of smart growth. And it’s what Highland Hospital is pursuing when it says it wants to buy residential property to grow its footprint in the Highland Park Neighborhood.

To retain the residential nature of the neighborhood that we live in, that the hospital benefits from, and that thousands of visitors enjoy every year, the hospital needs to stay within its current footprint. If it can’t do that, it needs to build on a site that doesn’t include the neighborhood’s residential property.

Let’s be clear. Highland Hospital is a great facility—ranked No. 3 in Rochester and No. 23 in New York State by US News and World Report. To continue to be the great and caring healthcare provider that it is, the hospital needs to expand or upgrade occasionally. Sometimes that requires expansion, and according to the hospital this is one of those times.

Highland Park Neighborhood is great, too—diverse, rich in history, scaled for walkability, full of engaged citizens, and locally-owned businesses and host to a range of city- and county-wide happenings in the park and surrounding environs. It’s one of a handful of particularly desirable neighborhoods in the city. To retain its greatness, we need to be disciplined and smart about the way we grow.

We also recognize that part of the appeal of urban neighborhoods is that they are residents and businesses and institutions and parks are situated close to one another, sharing limited space. To retain a suitable balance and scale, the needs of one cannot outweigh the needs of the other.

The Hospital’s Expansion Plan

The issue is the Hospital’s Expansion Plan—still a work in progress, according to hospital officials. We know from reading their annual report that they are spending upwards of $1 million this year toward “site analysis and planning studies as the first steps in our Master Facility Plan.”

Recently, in early May, they revealed to City Newspaper, the Democrat & Chronicle and a few neighborhood representatives that the hospital plans a two-story, 30,000 square foot expansion in what is currently a parking lot. The hospital plans a two-story, 30,000 square foot expansion in what is currently a parking lot. The hospital closed on the residence at 27 Bellevue Drive in January. It put an offer in last year on the bed and breakfast at 428 Mount Vernon Avenue, at the opposite end of Bellevue Drive. And it has released public statements that it is interested in continuing to buy neighborhood residences to meet office space needs—yet still retain the neighborhood’s residential character. (In case you missed it, that’s an oxymoron. Office space cannot be residential.)

These acquisition efforts began well before the hospital let the public or the neighbors know about their expansion plan. Too, these efforts are apparently intended undertaken well before the new long-term master facility plan is in place.

What’s at stake for us is that of hospital sprawl in our neighborhood and help Highland Hospital find a smarter path for its growth.

Keep in mind, however, that as the city’s No. 1 employer, the University of Rochester has a lot of clout. They will likely need strong encouragement to identify and pursue alternatives. Please make your voice heard. If you agree that we need to retain the residential character of the neighborhood, please sign the online petition at www.defendurbanneighborhoods.org. And don’t be shy about spreading the word.

Let’s eliminate the possibility of hospital sprawl in our neighborhood and help Highland Hospital find a smarter path for its growth.

Meetings are held at 224 Mt. Hope Avenue, Rochester, NY 14620.

Make Your Voice Heard

The hospital will continue to consult with area groups, plan, and neighbors will respond to it as details become available. But we don’t need to wait for the hospital to object to the hospital’s plan to acquire residential property in the neighborhood. Surely, their 1 million master plan can outline suitable alternatives. Keep in mind, however, that as the city’s No. 1 employer, the University of Rochester has a lot of clout. They will likely need strong encouragement to identify and pursue alternatives. Please make your voice heard. If you agree that we need to retain the residential character of the neighborhood, please sign the online petition at www.defendurbanneighborhoods.org. And don’t be shy about spreading the word.

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The High Park Conservancy celebrated the 125th Anniversary of the Rochester Parks System at their annual meeting on April 28 with a lecture entitled “125 Years of Rochester’s Parks” by Katie Eggers Comeau.

Highland Park’s Children’s Pavilion (Photo courtesy of the Rochester Public Library Local History Division)

125 Years of Rochester’s Parks
by Becca Webb

The High Park Conservancy announced that their special project, the rebuilding of the historic Children’s Pavilion in Highland Park, was approved by the Monroe County Administration, and had received a significant gift of funds from a private donor.

The circular three-story pavilion was designed as a centerpiece for the park by Frederick Law Olmsted, and was demolished in the 1960s. In her lecture, Comeau spoke about the history of Rochester’s parks beginning in the late 19th century when Rochester was one of four cities in the country for which Frederick Law Olmsted designed a park system. Olmsted designed these first parks around our natural asset, the Genesee River. These included Genesee Valley Park, considered one of Olmsted’s six great pastoral parks, Seneca Park East and West (the latter now called Maplewood Park) and Highland Park.

Comeau presented a slide show of historical images of our parks as they developed at different times in history and under different philosophies of public parks, from Olmsted’s Pleasure Grounds through the Reform and Playground Movements and up to current adaptive reuse of industrial sites such as Turning Point Park and the El Camino trail, a rails-to-trails project.

Conservancy continued:

18th Annual Tag Sale - June 6 - 7
Don’t miss the Greek Orthodox Church of the Holy Spirit
18th Annual Tag Sale
5:00 – 6:00 p.m. Friday–Saturday, 9 a.m. – 5 p.m.
Look for a great selection of clothing, furniture, household goods, toys, and more without department store prices!

Help SWPC in building a better South Wedge.
Give us a call at 246-1740, ext. 102

The lecture “125 Years of Rochester’s Parks” is published in the journal Rochester History. Copies of this edition can be obtained for $4 at the Library Store at the Downtown Central Library at 115 South Avenue.
Orbs owners Sue and Bob Caranddo (Photo by Nancy O'Donnell)

While he's still not smitten with the building's architecture and facade, he's doing what he can to make it welcoming. A new awning will help, and outdoor seating is also in the works.

Inside, the walls are painted tan and sage green with a pop of coral. The focal point in the room is an 8-ft. high wall of colored stone that backs a huge cherry wood L-shape bar with a black quartz top. “The stones are man-made,” said Caranddo. “The Amish in Ohio make them.”

Caranddo's design allows the bar to seat 16. A long table with bar stools will span the wide front window, so diners can people watch South Avenue. Corner booths allow family seating.

Orbs will begin with dinner service only before extending hours to lunch. Branch is also on Caranddo's radar.

“I'd like to see how to match our balls with eggs. I hold out to high expectations. We make great balls!”

The Orbs owner is also working on adding a full bar, but he'll stock only beers that the “neighborhood likes to drink.”

“I'm not competing with the Tap & Mallet,” said Caranddo. “I'll have about eight to ten beers on tap.”

Caranddo is sure his menu will appeal. “Everyone loves comfort food,” he said. “The balls, the sides are comfort food. I want my menu to make you happy. I want my customers to go home and fall asleep on their couches because they ate so much,” Caranddo added.

Orbs is handicapped accessible by rating on the eight side of the building (ring the bell).

“758 South Avenue. 471-8569
A new hot spot opens in the South Wedge with the arrival of Bob Caranddo’s Orbs, a gourmet meatball restaurant on South Ave.

While Caranddo’s menu caters to carnivores—meatballs made of beef, pork, chicken and turkey—vegetarians won’t go hungry.

“Vegetarians will also enjoy Orb’s serious sides: Yukon Gold beet salad, spicy mixed salad and macaroni salad, pasta, roasted garlic smashed potatoes, polenta, spaghetti, meatballs." he began to look for a name.He stopped when he learned there was a space.

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“Vegetarians will also enjoy Orb’s serious sides: Yukon Gold beet salad, spicy mixed salad and macaroni salad, pasta, roasted garlic smashed potatoes, polenta, macaroni salad, pasta, roasted beef salad, spicy mixed salad and Caesar Salad with or without chicken balls.

At the time of publication, Caranddo was still tweaking the menu, but he said orders will include four balls with a choice of sauces: marinara, spicy meat, Asiago cheese sauce and mushroom thyme along with one side dish.

The balls can be rolled into a bowl or nestled in a ciabatta roll. One dessert will finish the meal. “I’m thinking Beignets,” said Caranddo.

Orbs will also feature a chalk board of rotating specials from Santoino Carla, his NYC-trained chef.

Rochester natives Caranddo and his wife Sue opened a steak house in Atlanta in the late 1980s. When it folded, the couple returned to Rochester where he worked at Xerox for 30 years before being laid off on June 12, 2012.

The same day my 87-year-old mother broke her wrist,” said Caranddo. The next few months were taken up with caring for his mother and father.

“I was watching the Food Network, and I started thinking about starting a small restaurant. Once he decided on “upscale meatballs,” he began to look for a location.

“My first pick was the South Wedge, but I was looking at the other side of Gregory St. I almost went to Park Ave Avenue, Caranddo said.

He came back to the Wedge when he learned there was a space in the former Elks Club that still had its commercial kitchen.
Small potted plants grace the welcome desk, side tables, and walls at Surface Salon on South Avenue. The salon is full of life, from the playful greenery to the lively music that pumps through its speakers. Six years after opening its doors, Surface has become a vibrant mainstay of the South Wedge Business district. However, it hasn’t always been an easy road for owner and stylist, Lee Gray.

A Rochester native, Gray graduated from Shear Ego International School of Beauty, and went on to work in several salons throughout the downtown area. At a salon on Park Avenue, she met fellow stylist Sue Markarewicz, and the two quickly became friends. But Gray soon had bigger ideas for her own salon. “I wanted the atmosphere to be comfortable, creative, and artistic,” Gray said. And, as Markarewicz put it, “when Lee has a vision, she goes for it.” She opened Surface in fall of 2008. She designed the space herself, “with a little help from friends,” she disclosed. Gray seemed to have accomplished her dream.

Three years ago, it looked as though Surface Salon would have to leave the South Wedge. An April 2011 fire in an apartment in the apartment building on South Avenue caused serious water damage. Everyone is ok thankfully, but we will be closed for repairs for an unknown amount of time,” Fortunately, that unknown period of time didn’t last too long. In September of 2011, Gray was able to move her business just across the street to 658 South Avenue. “We are so glad we got to stay,” Surface stylist, Sue Markarewicz, said. “This community has just been lovely. We love this neighborhood.”

Surface has thrived in its new location. “Our neighbors have become like our family. All the businesses support one another, and we are all thriving because of the support of the neighborhood,” Gray said. In turn, Gray strives to support other local businesses and artists. For many years, Surface served as a gallery space for the 1975 Gallery, a mobile gallery of local artists. Although the 1975 Gallery has now moved to its permanent location on Charlotte Street, Gray continues to use local art in the space. “We want to support local artists. We are passionate about that,” she said. In addition to visual art, Gray also promotes other local products. The salon sells jewelry from Interstellar Love Craft, a project of one of the resident stylists, Carrie. Even the hair care products at Surface have an artsy flair. “We support them and their creativity,” Gray said.

Gray’s philosophy on hair care is to “keep it simple”, making sure not to use “too much product or too many chemicals.” As a result, Surface sells natural and environmentally friendly products from Davines hair care & Skincare. The products are hand wrapped in beautiful wrapping paper, and use ingredients such as olive oil and argon oil instead of chemicals. Surface uses these products throughout the salon, and offers a full range of services including hair design, coloring, re-texturizing and waxing. Hair styling hours are Tuesday - Thursday from 12:00 p.m. - 8:00 p.m., Friday from 11:00 a.m. - 7:00 p.m., and Saturday from 10:00 a.m-4:00 p.m. Check them out online at surfacesalon.com. 658 South Ave, 360.4446.
Children’s Corner—Summer Water Safety

by Alexie Cruz Puran, MD

As we embark on another summer, many of us will be seeking relief from the warm weather with outdoor activities involving water, such as indoor/outdoor pools, open water swimming and boating. The combination of water and children can potentially be a dangerous mixture. With added attention, summer activities involving water can be both safe and fun.

According to the Centers for Disease Control and Prevention, in 2006, there were 3,579 fatal unintentional drownings in the United States. More than one in four fatal drowning victims are children 14 and younger. For every child who dies from drowning, another five received emergency care for a nonfatal “submersion” injury.

In 2006, males were 3.4 times more likely than females to die from unintentional injuries in the United States. Also in 2006, of all children 1 to 4 years old who died from an unintentional injury, almost 30% died from drowning. Although drowning rates have slowly declined, fatal drowning remains the second-leading cause of unintentional injury-related death for children ages 1 to 14 years. The first peak in drownings occurs among children less than 5 years of age who are inadequately supervised in swimming pools or bathtubs. The second peak is seen among males 15 and 25 years old, and these episodes tend to occur at rivers, lakes and beaches.

Drowning ranks behind only motor-vehicle accidents as the leading cause of death among youngsters in middle childhood. Most often these tragedies occur when children swim without adequate adult supervision. In most cases, these children (and their parents) have overestimated their swimming ability and their knowledge of water-safety skills.

Drowning typically begins with a period of panic, loss of the normal breathing pattern, breath-holding, and a struggle by the victim to stay above the water. Reflex inspiratory efforts eventually occur, leading to hypoventilation or decreased concentration of oxygen in the blood. Hypoxemia in turn affects every organ system resulting in death related to hypoxia to the brain.

Most victims of nonfatal drowning do well, but severe long-term neurologic deficits are seen with extended submersion times, prolonged resuscitation efforts and lack of early bystander-initiated cardiopulmonary resuscitation (CPR).

Nonfatal drownings can cause brain damage that may result in long-term disabilities including memory problems, learning disabilities, and permanent loss of basic functioning (e.g. permanent vegetative state).

Below are some strategies to use this summer to prevent drowning tragedies:

Pool Safety
Install a fence at least four-feet high around all four sides of the pool. The fence should not have openings or protrusions that a young child could use to get over, under, or through. Most young children who drown in pools wander out of the house and fall into the pool.

Make sure pool gates open out from the pool, and self-close and self-latch at a height children can’t reach. After the children are done swimming, secure the pool so they cannot get back into it.

Never leave children alone in or near pool or spa, even for a moment.

Keep rescue equipment near the pool. If possible, have a phone in the pool area.

Avoid entrapment: suction from pool and spa drains can trap an adult underwater. Do not use a pool or spa if there broken or missing drain covers.

Large inflatable above-ground pools have become increasingly popular for backyard use. Children may fall in if they lean against the soft side of an inflatable pool. Empty blow-up pools after each use.

Don’t keep tricycles or other riding toys at pool side. No running on the pool deck or pushing others underwater. Remove all toys from the pool after use so children are not tempted to reach for them.

Children should learn to swim from an experienced and qualified instructor. The American Academy of Pediatrics supports swimming lessons for most children 4 years and older.

If the pool has a cover, remove it completely before swimming. Also, never allow children to walk on the pool cover, as they can fall through and become trapped underneath.

Open Water Safety
Do not swim alone. Even good swimmers need buddies. Do not swim at beaches where there are large waves, a powerful undertow, or no lifeguard.

A lifeguard (or another adult who knows about water rescue) needs to be watching children whenever they are in or near the water. Younger children should be closely supervised while in or near the water—“teach supervision,” keeping no more than an arm’s length away. For older children, an adult should be paying constant attention and free from distractions, like talking on the phone, socializing or drinking alcohol. The supervising adult should know how to swim.

Make sure that a child knows never to dive into water except when permitted by an adult who knows the depth of the water and who has checked for underwater objects.

City Recreation on the Move!

City Rec-Centers Summer Food Sites & Schedules.

Breakfast is served at 8:30-9:30 a.m., Lunch at 12:00-1:00 p.m. For more information call 428-7872.

City Recreation
2171 Monroe Avenue, Rochester, NY 14618
On the U of R busline.

Highland Manor Apartments
905-A South Ave. • Rochester, NY 14620 • Leasing Office (585) 271-0949
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- An enriching school
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- FREE half-day IPS for city residents, (Monday-Friday, 8:30am-2:30pm)
  Both locations — RCN South Wedge and RCN Center City
- Accepting children 6 months to 5 years old (RCN South Wedge)
- Accepting children 6 weeks to 5 years old (RCN Center City)

For more information, please stop by or call
Rochester Children’s Network (RCN), 942 South Ave., Rochester, NY 14620 (585) 673-2858
RCN Center City, 250 East Main Street, Suite 110, Rochester, NY 14604 (585) 397-7660
www.RCN4kids.org
South Wedge’s Revisits Wall Therapy

by Nancy O’Donnell

The Wedge Newspaper praised and publicized all of the amazing Wall Therapy murals that sprang up around the South Wedge last year. Somehow it missed a hard-to-miss mural that seems to wave hello to passersby on Gregory Street on their way to South Avenue.

The huge mural, painted on the side of South Wedge promoter Ron Maier’s buildings (home of Abode Home Design) was painted by Case aka Andreas Von Chrzanowski. Erich Lehman, owner/curator of 1975 Gallery and coordinator of last year’s Wall Therapy helped with the details.

“Case painted the mural last August during a two-week visit with us. He also painted the Martin Luther King, Jr. Tribute mural on Park Ave. during that time. Many of his murals last year focused on the overlapping hands motif in both of the murals. The hands in the South Wedge mural are making variations of Rock/Paper/Scissors, and Case himself is the model for this piece.”

If there are other huge art installations or other South Wedge news we might have missed, let us know on our Facebook page or give us a call.

Highland Park Neighborhood Art Show

Anyone who lives or works in the area surrounding and including the Highland Park Neighborhood or who is a supporting member of the Highland Park Neighborhood Association may submit. New this year! Children under 15 will have their own dedicated section of this show. Submit up to two children’s entries. Due to space limitations, we may accept only one per child. All framed or hangable media are welcome - Paintings, Photography, Collage, Prints, Drawings, Textiles! We have limited space, however, for sculpture and similar 3D artwork but will try. To learn more go to highlandparkrochester.org/artshow.

Deadline: June 8, 2014 at Midnight. Artwork submitted later than this date may not be accepted.
Benny gets a second life on wheels. (Photo courtesy of Bill Zogby)

Highland Park Hosts Roc Hope for Pets Annual Fundraiser

by Beth Zogby

Rochester Hope for Pets 6th Annual Dog Walk & Pet Education Expo takes place on Saturday, June 14, 2014, at the Lilac Arches in Highland Park.

Day-of registration opens at 9:00 a.m., and the one-mile walk begins at 10:00 a.m. The cost is $15 per walker, with free admission for children 12 and under. Participants can register in advance online as well as fund raise on behalf of Rochester Hope for Pets. You can download all the forms at: rochesterhopeforpets.org/activities.php.

This year’s event features kid-friendly activities including a bounce house and visits from Sabis, a Monroe County Sheriff Department’s K9 cop, and McGruff the Crime Dog. Veterinary professionals will be on hand to answer questions, and Mark Forrest Patrick of Tuxedo’s K9 Training Camp will conduct dog training demonstrations.

Rochester Hope for Pets was founded in late 2008. Its mission is to improve the quality of life for companion animals in the greater Rochester area. We do this through providing financial assistance toward veterinary care costs to pet owners during times of need. We also partner with other local non-profits to improve the welfare of homeless and feral animals. In addition, the foundation supports continuing education opportunities for veterinary health professionals in our region.

In our short history, we have given over 800 awards to pet owners and rescue groups for use toward veterinary care at more than 50 different hospitals in the greater Rochester area. Our Friends of Ferals program treats 300+ cats each year at its monthly spay/neuter/vaccine clinics.

Pets who have received assistance from the foundation will attend the Dog Walk on June 14, including Benny. In May 2012, Benny suffered a spinal cord injury that left him with his legs paralyzed. Therapy helped him regain feeling in his feet, and he was able to walk his tail, too. Benny’s family purchased him a cart so he could play in the backyard. In April 2013, tragedy struck Benny again. He started to bring up a lot of water and foamy mucus. This went on for days, and then his breathing became labored and he seemed uncomfortable and lethargic. The veterinarians believed Benny had developed a condition called megaesophagus, but they needed more tests to be sure. X-rays confirmed he had aspiration pneumonia from the fluids he brought up, and he did indeed have megaesophagus. With an award from Rochester Hope for Pets, Benny’s family was able to afford the treatments he needed to recover.

The 6th annual fund raiser’s committee thanks especially our two lead event sponsors: PetLover Healthy Pet Superstore and Buyer Animal Health. There will also be other sponsors with tables featuring pet-related services and community organizations.

For more information, please contact Rochester Hope for Pets at 585-271-2733, ext. 89 or rochesterhopeforpets@gmail.com.

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Day-of registration opens at 9:00 a.m., and the one-mile walk begins at 10:00 a.m. The cost is $15 per walker, with free admission for children 12 and under. Participants can register in advance online as well as fund raise on behalf of Rochester Hope for Pets. You can download all the forms at: rochesterhopeforpets.org/activities.php.

This year’s event features kid-friendly activities including a bounce house and visits from Sabis, a Monroe County Sheriff Department’s K9 cop, and McGruff the Crime Dog. Veterinary professionals will be on hand to answer questions, and Mark Forrest Patrick of Tuxedo’s K9 Training Camp will conduct dog training demonstrations.

Rochester Hope for Pets was founded in late 2008. Its mission is to improve the quality of life for companion animals in the greater Rochester area. We do this through providing financial assistance toward veterinary care costs to pet owners during times of need. We also partner with other local non-profits to improve the welfare of homeless and feral animals. In addition, the foundation supports continuing education opportunities for veterinary health professionals in our region.

In our short history, we have given over 800 awards to pet owners and rescue groups for use toward veterinary care at more than 50 different hospitals in the greater Rochester area. Our Friends of Ferals program treats 300+ cats each year at its monthly spay/neuter/vaccine clinics.

Pets who have received assistance from the foundation will attend the Dog Walk on June 14, including Benny. In May 2012, Benny suffered a spinal cord injury that left him with his legs paralyzed. Therapy helped him regain feeling in his feet, and he was able to walk his tail, too. Benny’s family purchased him a cart so he could play in the backyard. In April 2013, tragedy struck Benny again. He started to bring up a lot of water and foamy mucus. This went on for days, and then his breathing became labored and he seemed uncomfortable and lethargic. The veterinarians believed Benny had developed a condition called megaesophagus, but they needed more tests to be sure. X-rays confirmed he had aspiration pneumonia from the fluids he brought up, and he did indeed have megaesophagus. With an award from Rochester Hope for Pets, Benny’s family was able to afford the treatments he needed to recover.

The 6th annual fund raiser’s committee thanks especially our two lead event sponsors: PetLover Healthy Pet Superstore and Buyer Animal Health. There will also be other sponsors with tables featuring pet-related services and community organizations.

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HNPAs St. Mural Refresh on June 8

The Highland Park Neighborhood’s 350-foot painting along Ellwanger and Barry Park is going to be refreshed with new paint on June 8. Rain Date is June 22. Work will begin around 9 a.m. and will continue until the late afternoon. Refreshments will be available at our Hospitality Tent on the day of the event.

For updates, visit HNPAs website.

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- Cannot be combined with any other discounts.
This, dear reader, is the best Saturday.

You wake up early – the warmer it is, the earlier you get up, so that you manage to get a seat. In the winter, you don’t have to get out of bed until 8:45, but in June? If you’re not on the road by 7:30, it’s already feeling tight. Hoist yourself out of bed, splash some water on your face, and grab the latest issue of National Geographic as you head out the door. Turn north and prepare yourself for some pastries – it’s time for a Public Market Saturday.

As you pass under the arch at Union on Railroad (or maybe you’ve got a favorite gap in the fence off a side street), just pause for a moment and soak in the fact that these bricks have seen people gathering around food for 109 years. If you didn’t get up quite as early as you’d hoped, take the long line you’ll encounter at Flour City Bread as a chance to ogle lemon curd and butter crusts from a blessedly shrinking distance. While you wait, strike up a conversation with your line mate about what they’re going to put on those croissants they’re holding. Finally, it’s your turn: while other, more unusual and more seasonal confections may beckon, the basics never disappoint: one egg Danish with bacon and one almond croissant, please.

Pick-up ticket in hand, pass through the wide doorway – wave at Kenith, the baker, in his cap – and claim a seat and a cappuccino at Java’s while you wait. Maybe you stand up every couple minutes to see if your Danish is ready, or maybe the NatGeo has pictures of bog mummies and you don’t mind the wait so much. The regulars have all claimed their seats: the parents-of-3-to-5-year-olds club in the booths by the bar, the hipster dads milling around under the mounted eland head, the silver-haired woman in the sunlight with a crossword. “One-hundred-six!” a voice yells from the back, and you thread your way through chairs and canvas bags to lay hands on your prize.

The Danish gleams. Butter suffuses the pastry, the bacon glistens and egg yolks quiver. Work your way around the edge, enjoy the contrast of shattering crust and tender egg; prepare the perfect final bite in the middle. Here it is, top to bottom: yolk, bacon, First Light jack cheese, caramelized onions, pastry. Do it in one bite, so you don’t miss a single drop of liquid gold. Texture, flavor and temperature unfurl and combine. Close your eyes and chew. Breathe, sip your cappuccino, start the next article. As the barista shoves another bunch of kale into the juicer, turn your attention to the croissant. Here is a lighter, quieter pleasure – lending itself to small bites, slow reading and casual conversation. Steam and yeast have lifted it into a whirl of flakes, the crust ephemeral and the center tender. The almond paste, homemade and added after the baking, melts into the croissant so smoothly it seems to have been born there. The croissant is the perfect mait for the cappuccino, but resist the urge to dip it – it doesn’t do either of them any justice. Even as you linger over the last few bites, the end comes too quickly. Glance at the vintage photo at the end of the National Geographic, exchange a “Happy Marketing!” with your neighbor and stand up. Outside, piles of green, green and green and jugs of press and flow of the market. Sigh, smile and close the door – the press and flow of the market.

**Special Event Book Sale:**
Monday, June 2 and Tuesday, June 3 through Monday, July 7 and Tuesday, July 8

Check out our book sale for a great chance to pick up adult and children’s books. Books are 25 cents, magazines 10 cents, Jewelry cases ten cents and DVDs and CDs are $1.00.

**South Wedge Botanical Soap,**
Monday July 21 at 6 p.m.

South Wedge Botanical Soap will be giving a presentation on the history of soap, its ingredients, methods of production and regulations. Samples from South Wedge Soap will be made available. Registration required. To register please call (585) 428-8206 or stop in at our Information Desk.

**Children’s Programs**
Book Mondays on Mondays, June 2, 16, and 23, July 7, 14, and 21 at 2:30 p.m.

- Book Rubbings, Monday, June 9 at 2:30 p.m. Learn about printmaking and create your own work of art!
- Movie Tuesdays on Tuesdays, June 3, 10, 17, and 24 at 2:30 p.m., July 1, 8, 15, 22, and 29 at 3 p.m.
- Story Time Thursdays June 5, 12, 19, and 26, and July 3, 10, 17, and 24 at 11 a.m. Stories, rhymes, songs and more. Recommended for children 2 to 5 years old.
- Rochester Museum & Science Center Chemistry Fun! on Thursday, June 19 at 3 to 3:45 p.m.
- LEGO Fridays June 6, 13, 20, and 27 at 2:30 p.m. Let your imagination run wild! Build something creative at the library.
- Summer Reading Program Sign-Ups on Monday, June 23 through Monday, June 30 and Tuesday, July 1 through Saturday, July 5. Get a head start on your summer reading! When you sign up, you’ll get a reading log to track your minutes and a surprise. Talk to Miss Sarah, Miss Erin or Miss Williams for more details!
- Book Rubbings, Monday, July 28 at 2 to 3 p.m. Be amazed by a spectacular mix of magic and comedy with magician Ted Burzynski! Limit of 30 children, please call 428-8206 to register.
- Back to Books with Miss Pam Thursday, July 24 at 2 p.m. It’s way too hot to bake, but we still want cookies! Find out how to make a healthy treat and skip the heat. Limit of 30 children, please call 428-8206 to register.

**Protesters Mourn Death of Education**
by Nancy O’Donnell

A serious issue was given a humorous twist when some 50 teachers, parents and students joined in “mourning” City Schools embrace of “excessive testing,” the Common Core and the overall squelching of creativity and play in a rush for data.

The Day of Mourning: Students, Parents and Educators Against Death by Testing, was organized by Tucker Ruderman, a third grade teacher at School #12 teacher and continued on pg. 10
Mt. Hope-Highland Neighborhood Scene of Landmark Society House & Garden Tour

Visit some of the most fascinating homes in the Mt. Hope-Highland Historic Neighborhood on the Landmark Society of Western New York’s 44th Annual House and Garden Tour set for Saturday, June 7 and Sunday, June 8, 2014. The tour of 10 private homes runs from 10 a.m. to 4 p.m. each day. There’s everything from the palatial Patrick Barry mansion on Mt Hope Avenue to charming bungalows nestled on hidden streets in the “highlands” of the area. The houses range from the mid 19th century to the early 20th century. Many (if not all) of them are architect-designed, so you can expect to see artistic use of space and light, and a plethora of fine detail. You will enjoy many original details, lovingly restored finishes, recreated historic kitchen cabinets, wood trim that glows with the character of the home. It’s a good reminder that being stewards of an older home does not mean keeping the house unchanged. Our historic Ellwanger Garden, with its rare blooms, will also be part of the tour.

Either. Since this area was home to the Ellwanger and Barry Nursery in 19th century – it’s particularly fitting that the residents’ gardens uphold that tradition. Some of the treats in store: lush perennial gardens; a beautifully landscaped pool; an innovative sliding fence that transforms the upper drive to a patio; the historic grounds of the Ellwanger and Barry Nursery; a “pocket waterfall;” a lovely backyard crafted from a former “dump.” Our historic Ellwanger Garden, with its rare blooms, will also be part of the tour.

“This year’s tour is in a familiar neighborhood that’s been a retreat for recreation and reflection for over 150 years,” said Cindy Boyer, Landmark Society Director of Public Programs. “It’s a place where our horticultural history and our ancestors have been planted and fit a destination for flower lovers from around the world. The 2014 House and Garden Tour is an opportunity to be more than a casual visitor, as residents of the Mt. Hope-Highland historic neighborhood welcome you into their homes.”

Advance tickets for Landmark Society members are $18, and $22 for nonmembers. On the days of the tour, tickets for all will be $25, if we are not sold out. Tickets are available online or by calling 546-7029 x 1. Nonmember tickets may also be purchased at Parkleigh, corner of Park Avenue and Goodman Street. Each ticket booklet provides a map, descriptions of the house, and admission to each home for one visit. You may go in any order, at your own pace – you can even choose to visit some houses on Saturday and others on Sunday. This gives you the opportunity to stroll the neighborhood, stop for coffee or lunch, or perhaps take one of the Friends of Mt. Hope Cemetery tours. You can even tour Lamberton Conservatory – Monroe County is graciously providing us the Conservatory as tour headquarters.

The Landmark Society of Western New York, Inc. is one of the oldest and most active preservation organizations in America, serving nine Western New York counties. Formed in 1937, The Landmark Society continues to protect the unique architectural heritage of our region and promote preservation and planning principles that foster healthy and sustainable communities. For additional information about The Landmark Society, visit www.landmarksociety.org. The Landmark Society is supported in part by New York State Council on the Arts with the support of Governor Andrew Cuomo and the New York State Legislature.

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Protest continued from pg. 9

education activists Lori Bryce and Rev. Matthew Nickoloff of South Wedge Mission.

Participants/mourners, dressed in black, picketed in front of the City of Rochester School District Central Office on Broad Street. They carried a coffin, gave shouts of protest for the deceased spirit of freedom, joy, creativity and inspiration in the classroom while Rochester’s Raging Grannies sang.

High school student Claire Januzic and Rev. Nickoloff gave tongue in cheek eulogies for education.

“We wanted to create more awareness about how much testing and evaluation goes on in school,” said parent Lori Bryce. “It’s all so data driven. You can feel the shift in the school now that the Central Office does the scheduling.”

Teacher Tucker Ruderman created the Facebook page that brought everyone downtown on May 22.

Participants/mourners promised to remember how wonderful public education can be and vowed to continue the fight to return real learning to the classroom.

Song courtesy of Tucker ruderman, ABCD, How Sweet the Sound (to the tune of “Amazing Grace”)

ABCD, how sweet the sound when first I learned to read.
But now the text has stole the love
of alphabet from me
ABCD, you used to be my true and loyal friends
But now the text has turned you to my bitter enemies
But I won’t despair, for folks do care
And call in one clear voice:
“Save the alphabet but ditch the text of multiple choice!”

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Clean Sweep Revisited

Volunteers of all ages from all over Rochester joined with South Wedge residents and friends for the City of Rochester sponsored Clean Sweep in May.

Some spruced up the grounds of the South Wedge Planning Committee (SWPC) on Mt. Hope Avenue while enjoying the Gaia’s Wall Therapy mural.

Others worked on getting the vegetable beds ready for the new growing season at SWPC’s Victory Gardens on Hamilton and Cypress Streets.

Felton Culbreth, South Wedge Victory Garden Manager, coordinated prepping the gardens on Hamilton and Comfort Streets.

Thanks to all the great volunteers for helping to make the South Wedge a great place to live, work & play. We couldn’t do it without you!
of opportunities to participate in activities.” The Outdoor Mobility Training Area will consist of equipment that allows for play. It will primarily serve as a space for clinical training to teach an array of physical and social skills that include: running, jumping, skipping, or climbing and developing balance and the ability to move through space freely; improving outdoor auditory and travel skills and orientation and mobility training in all weather conditions. It will also help children understand spatial concepts such as object-to-object relationships, parallel and perpendicular, the angle of the sun, and landmarks and cues; enhance perceptual skills such as interpreting environmental sounds and paying attention to cues or landmarks and learning interpersonal skills such as appropriate public behavior and soliciting or refusing assistance. In a family space, parents can show their children how to play. It also offers a space to train physical education instructors. “Giving an infant, child or teen who is blind or visually impaired the ability to grow and experience life similar to their sighted peers takes talented staff and both indoor and outdoor environments in which to learn,” said Schleyer. Funding for this project came from caring philanthropic individuals throughout the community. The outdoor area is scheduled to open in July.

**Quote of the Month**

A [school] should be a place of light, of liberty, and of learning. —Benjamin Disraeli 1804-1881

**Library News**

Continued from pg. 9

Coffee Connections: Monday, June 9 at 6 p.m.

Interested in coffee? Stop in and learn about the local business coffee Connections. Learn about how the business got started along with information on coffee. Samples of coffee will be provided. Registration is required. To register, please call (585) 428-8206 or stop in at our Information Desk.

Adult Book Group: Wednesday, June 18 at 7:00 p.m.

Join us in discussion of The Signature of All Things by Elizabeth Gilbert. Registration is required, to register, please stop in at our Information Desk or call (585) 428-8206. Copies are available for check out.

Adult Summer Reading July 7 – August 15.

Sign up at Highland Branch Library starting on June 23rd to win great prizes. Prizes include gift cards, bags and print and hold cards.

Adult Book Group: Wednesday, July 16 at 7:00 p.m.

Join us in discussion of Peaches for Father Francis by Joanne Harris. Registration is required. To register, please stop in at our Information Desk or call (585) 428-8206. Copies are available for check out.

**Water Safety**

Continued from pg. 6

Never let a child swim in canals or any fast moving water. Ocean swimming should only be allowed when a lifeguard is on duty.

Boating Safety

Children should wear life jackets at all times when on boats or near bodies of water.

The life jacket should be the right size for your child. The jacket should not be loose. It should be worn as instructed with all straps belted in.

Blow-up water toys, rafts, or air mattresses should not be used as life jackets or life preservers. These toys may deflate suddenly or your child may slip off them into water that is too deep.

Adults should wear life jackets for their own protection and to also set a good example.

Adolescents and adults should be aware of the dangers of boating when under influence of alcohol, drugs and even some prescription medications.

If you encounter a near-drowning victim, the need to assess cardiovascular resuscitation (CPR) should be done as soon as possible. The presence of cervical spinal cord injury should always be suspected and the neck should be supported in a neutral position. Wet clothing should be removed and rewarming should be initiated in hypothermic patients.

Water is one of the ominous hazards your child will encounter. Everyone needs to be mindful of the potential for serious injuries and drownings. Remember, most near drowning episodes are preventable.

**The Day of Mourning: Students, Parents and Educators Against Death by Testing**

**Photos by Nancy O’Donnell**

Tucker Ruderman leads the funeral procession as Rev. Matthew Nickoloff (in cassock) leads the mourners and horse.

Rochester’s Raging Grannies sang songs of satiric protest for mourners in front of the RCS Central Office.