SWPC Snares Starring Role in City Video

By Nancy O’Donnell

George Lorson, South Wedge Planning Committee Real Estate Development Coordinator, takes a leading role in a City of Rochester video journal featuring Home Rochester projects, Your New Home: Disaster to Dream. The videos follow the rehab of the three city homes that will later be sold to first-time home buyers.

The City acquires the houses from HUD after foreclosure, and in partnership with the Greater Rochester Housing Partnership, rehabs them.

“We want to provide quality homes for first-time home buyers,” said Lorson, who was invited to join the cast by GRHP because of his expertise in rehabbing houses for the South Wedge Planning Committee.

Narrated by City Communication Producer Shiera Coleman, “Disaster to Dreams” films the “ugly dirty truth before the makeover” of three area houses--39 Lark and 54 Lozier Streets and 120 Bidwell Terrace. While $1 million and numerous programs and activities in operation—such as the South Wedge Farmer’s Market, the Victory Garden, the Wedge newspaper, the Wedgestock Festival, a tool library, community engagement efforts, block club support, housing rehab and development programs both inside and outside of the Wedge, among many others—the South Wedge Planning Committee (SWPC) is always in need of good volunteers and community leaders!

SWPC is able to do all of this work for the neighborhood with a staff of five and many, many volunteer hours. There are many different volunteer opportunities with SWPC depending on your time availability, interests and abilities.

One important area where SWPC is seeking volunteers is for membership on the board of directors. The SWPC board is always in need of good volunteers and community leaders!

The South Wedge Planning Committee Needs You in 2013!

As an active neighborhood group with a budget of nearly $1 million and numerous programs and activities in operation—such as the South Wedge Farmer’s Market, the Victory Garden, the Wedge newspaper, the Wedgestock Festival, a tool library, community engagement efforts, block club support, housing rehab and development programs both inside and outside of the Wedge, among many others—the South Wedge Planning Committee (SWPC) is always in need of good volunteers and community leaders!

As an active neighborhood group with a budget of nearly $1 million and numerous programs and activities in operation—such as the South Wedge Farmer’s Market, the Victory Garden, the Wedge newspaper, the Wedgestock Festival, a tool library, community engagement efforts, block club support, housing rehab and development programs both inside and outside of the Wedge, among many others—the South Wedge Planning Committee (SWPC) is always in need of good volunteers and community leaders!

School #12 Moves to K-8

South Avenue’s James P. B. Duffy School #12 whose mission is “to engage [students’] minds, develop [their] bodies and lead with [their] hearts to be academically ready, socially mature and responsible citizens” will expand their student body to grade 8 in fall 2013.

On the school’s website, Principal Mrs. Alampi writes that over the course of the next few months, the school will be asking the school community for their input to make this transition to K-8 as smooth as possible and as meaningful for the needs of our families. “I had the opportunity to speak directly to Dr. Vargas about this move to K-8 and due to funding restraints and the cost to modernize our facility we will be moving to the K-8 framework. Please watch for future updates and meetings on this topic.”
Letter to the Editor

Go Bistro Zeppa! If you’re in Rochester right now you know that the season of “comfort” is here. Comfortable sweaters, get-togethers with friends and loved ones and, of course, comfort food. And with comfort in mind, there’s no better time to introduce you to the newest restaurant at the German House, Zeppa Bistro. Our family has owned the German House at 315 Gregory Street in the South Wedge, for more than 25 years and now we have been a proud tenant.

The space has been completely renovated which included uncovering more original brick of our 100+-year-old building. It features a spacious bar and seating spaces for an intimate date or larger gatherings. Their “Room 47” can accommodate up to 225 for a reception or gala or 550 for a concert or lecture.

Chef/owners Seth Lindahl and Casey Holbein bring their extensive culinary experience in Rochester and an ar-ray of cultures and countries to Zeppa Bistro. They have created a unique menu that blends California cuisine with Italian and French influences.

What impresses me every time I’m there—and I’m there a lot—is how obvious it is that every item on the menu is created from the freshest local ingredients of the season. If you’ve ever had dinner with me you know my usual order to the waiter is, “Surprise me.” At Zeppa, I’ve never been disappointed.

So, when you’re seeking some comfort this season, I urge you to give Zeppa Bistro a try. And because you read this letter to the end, my friends at Zeppa have a reward for you too. Rip out this letter and bring it with you when you visit Zeppa Bistro (563-6241), and you will receive an appetizer of the chef’s choice or a dessert on the house.

Thanks for reading and I, The Maier Family, wish you a fun and comfortable holiday season.

The Maier Family
Ron, Norma, Shawn, Shana

The South Wedge Planning Committee, Inc. December 2012/January 2013 Calendar Meetings are held at 224 Mt. Hope Ave., except where noted. Public is welcome to attend all meetings.

SWPC Board Meeting MM&Calleinger@bigs.com Tues., 1/15, 6 p.m.

Community Engagement (Neighborhood Block Clubs) amarestil@southwedge.org Wed. 12/19 & 1/16, 6:30 p.m.

Finance Team jason.curtesi@wardjones.com Tues. 12/11 & 1/8, 12:30 p.m.

Housing & Structures janmar@varisr.net Wed., 12/5 & 1/2, 5:30 p.m.
E-mail to confirm.

STW Victory Garden james.pappa@gmail.com hapennywes@hotmail.com E-mail for dates and times.

A South Wedge House Tour is now being planned for June 2013. If you’d like to be join in the planning, please call 978-0635 or email nyanncq@frontier.net.

Ways to Help Your Community

Love your neighborhood? Love your library? Make it your cause!

Highland Branch Library is recruiting people for a Friends Group. We meet once a month for an hour in the library space to discuss local issues, plan events, and recruit new members.

If you’d like to join us, just contact the library (5857-0109) or send us an email at HighlandBranchFriends@gmail.com. We usually meet at a local coffee shop or restaurant, but we can accommodate any schedule you have.

Calvary St. Andrew’s Food Ministry Needs Support

People in need of food within the 14620 zip code can come every three months for emergency food numbers. Numbers of those in need are climbing, and food cupboard stock is declining.

To contribute canned food or paper products, please call 325-4950 or e-mail stall@calvarystandnews.org.

St. Joseph’s Neighborhood Center Wish List All kinds of volunteer opportunities are available—personal hygiene products, kitchen supplies, office supplies, and equipment and cleaning supplies. For more information, call 325-5260.

The Wedge Newspaper

Nancy O’Donnell, Editor & Layout

Adopting Mom, Post Matildia

Writers

Michelle Finn
Alexandra Pasquale
Nathanial Mick
Monica McCullough
Nancy O’Donnell,
Dr. Alexis Cruz Perez

Photography

Johanna Beckwith
Robert Lauterbach
Nancy O’Donnell

To reach The Wedge, call (585) 256-1740, ext. 385 or (585) 976-9430. Fax (585) 231-877. E-mail to swpc@swpc.org

South Wedge Planning Committee 224 Mt. Hope Avenue Rochester, New York 14620 (585) 256-1740

The Wedge, a not-for-profit community development organization serving the South Wedge, is a community organization of volunteers working to improve the South Wedge. Our mission is to provide accurate information about the area and serve the community. Our work affects the area.

The Wedge is printed bi-monthly (February, April, June, August, October and December) and mailed to a circulation of 10,500. The newsletter is mailed to South Wedge homes and subscribers and distributed to area businesses, retail shops and other drop off points in the Greater Rochester area.

Articles in this paper do not necessarily reflect the views or opinions of the South Wedge Planning Committee.

Please send story suggestions or news to Nancy O’Donnell, 224 Mt. Hope Avenue, Rochester, New York 14620 or e-mail nyanncq@frontier.net.

Our Mission Statement

SWPC builds community in the South Wedge, encourages a full range of housing opportunities, and promotes a diverse, historically significant, commercially sustainable urban village.

Ad Deadline for Next Issue

January 14
Call 256-1740, ext. 105 or 978-9638 for details.

Calvary St. Andrew’s Food Ministry Needs Support

People in need of food within the 14620 zip code can come every three months for emergency food numbers. Numbers of those in need are climbing, and food cupboard stock is declining.

To contribute canned food or paper products, please call 325-4950 or e-mail stall@calvarystandnews.org.

St. Joseph’s Neighborhood Center Wish List All kinds of volunteer opportunities are available include: personal hygiene products, kitchen supplies, office supplies and equipment and cleaning supplies. For more information, call 325-5260.

The Wedge Newspaper

Nancy O’Donnell, Editor & Layout

Adopting Mom, Post Matildia

Writers

Michelle Finn
Alexandra Pasquale
Nathanial Mick
Monica McCullough
Nancy O’Donnell,
Dr. Alexis Cruz Perez

Photography

Johanna Beckwith
Robert Lauterbach
Nancy O’Donnell

To reach The Wedge, call (585) 256-1740, ext. 385 or (585) 976-9430. Fax (585) 231-877. E-mail to swpc@swpc.org

South Wedge Planning Committee 224 Mt. Hope Avenue Rochester, New York 14620 (585) 256-1740

The Wedge, a not-for-profit community development organization serving the South Wedge, is a community organization of volunteers working to improve the South Wedge. Our mission is to provide accurate information about the area and serve the community. Our work affects the area.

The Wedge is printed bi-monthly (February, April, June, August, October and December) and mailed to a circulation of 10,500. The newsletter is mailed to South Wedge homes and subscribers and distributed to area businesses, retail shops and other drop off points in the Greater Rochester area.

Articles in this paper do not necessarily reflect the views or opinions of the South Wedge Planning Committee.

Please send story suggestions or news to Nancy O’Donnell, 224 Mt. Hope Avenue, Rochester, New York 14620 or e-mail nyanncq@frontier.net.

Our Mission Statement

SWPC builds community in the South Wedge, encourages a full range of housing opportunities, and promotes a diverse, historically significant, commercially sustainable urban village.

Ad Deadline for Next Issue

January 14
Call 256-1740, ext. 105 or 978-9638 for details.

Calvary St. Andrew’s Food Ministry Needs Support

People in need of food within the 14620 zip code can come every three months for emergency food numbers. Numbers of those in need are climbing, and food cupboard stock is declining.

To contribute canned food or paper products, please call 325-4950 or e-mail stall@calvarystandnews.org.

St. Joseph’s Neighborhood Center Wish List All kinds of volunteer opportunities are available include: personal hygiene products, kitchen supplies, office supplies and equipment and cleaning supplies. For more information, call 325-5260.

The Wedge Newspaper

Nancy O’Donnell, Editor & Layout

Adopting Mom, Post Matildia

Writers

Michelle Finn
Alexandra Pasquale
Nathanial Mick
Monica McCullough
Nancy O’Donnell,
Dr. Alexis Cruz Perez

Photography

Johanna Beckwith
Robert Lauterbach
Nancy O’Donnell

To reach The Wedge, call (585) 256-1740, ext. 385 or (585) 976-9430. Fax (585) 231-877. E-mail to swpc@swpc.org

South Wedge Planning Committee 224 Mt. Hope Avenue Rochester, New York 14620 (585) 256-1740

The Wedge, a not-for-profit community development organization serving the South Wedge, is a community organization of volunteers working to improve the South Wedge. Our mission is to provide accurate information about the area and serve the community. Our work affects the area.

The Wedge is printed bi-monthly (February, April, June, August, October and December) and mailed to a circulation of 10,500. The newsletter is mailed to South Wedge homes and subscribers and distributed to area businesses, retail shops and other drop off points in the Greater Rochester area.

Articles in this paper do not necessarily reflect the views or opinions of the South Wedge Planning Committee.

Please send story suggestions or news to Nancy O’Donnell, 224 Mt. Hope Avenue, Rochester, New York 14620 or e-mail nyanncq@frontier.net.

Our Mission Statement

SWPC builds community in the South Wedge, encourages a full range of housing opportunities, and promotes a diverse, historically significant, commercially sustainable urban village.

Ad Deadline for Next Issue

January 14
Call 256-1740, ext. 105 or 978-9638 for details.
**Get the Holiday Spirit!**

For Block Club projects in 2013. All decorations must be up by the end of Wednesday, December 19 to participate in the contest.

Remember though fancy lights are nice and bright, you don’t need them to win. Judges consider all decorations—wreaths, flower boxes, windows, the whole holiday package. Winning homes and blocks will be announced on December 22 on SWPC’s Facebook page, swpc.org and also be featured in the next Wedge Newspaper.

For more info, contact Andrea Maroselli, Development and Community Engagement Committee Chair at amaroselli@swpc.org or call 256-1740, ext. 104.

---

**SWPC Seeks Volunteers & Boardmembers**

Some have expressed a desire to have representation on the board from all neighborhoods directly surrounding the South Wedge. All SWPC board members must be in good standing, including having a paid membership.

A slate of board members is initially proposed by a nominating committee, made up of three existing SWPC board members and SWPC’s Executive Director, John Page. This year, SWPC’s board chair, Monica McCullough, is serving as the nominating committee chairperson. A slate of directors is presented to the membership at large for a vote at the annual meeting. The 2013 annual meeting will be held on January 25 at 6 p.m.

If you are interested in serving on the board of directors, or in any other volunteer capacity, please contact John Page at jpage@swpc.org. SWPC will be circulating an interest form for prospective new board members to complete and return by December 31, 2012. You can obtain this by calling the SWPC office at 246-1740 or by emailing information@swpc.org.

---

**South Wedge is Best!**

Once again City Newspaper’s Best of Rochester 2012 contest recognized what South Wedgians already know—the neighborhood is the best in the city. Here’s a list of other reasons why the South Wedge, and its neighbors, Swillburg and Highland Park, make it great a place to live, work and play.

- **Best Specialty Pizza**
  - Napa Wood Fired Pizzeria
  - 573 South Clinton Ave.
- **Best New Retail Store**
  - NeedleDrop Records
  - 304 Gregory St.
- **Best Barbershop**
  - South Wedge Barber Shop
  - 720 South Ave.
- **Best Clothing Store**
  - Thread
  - 654 South Ave.
- **Best of Rochester 2012: Critics’ Picks**
  - Harry G’s New York Deli & Cafe
  - Pittsburgh Sub
  - 678 South Avenue

---

**Highland Park NA Block Club Initiative**

Interested in finding out more about being a Highland Park Neighborhood Block Leader? Are you already a formal or informal leader on your street and have ideas to share? Or do you know someone who would be perfect for the job? The Highland Park Neighborhood Association is looking to identify a resident on every block of the neighborhood who will keep neighbors in touch by maintaining a street roster, bring people together at some kind of annual social gathering and act as the liaison with the neighborhood association.

Please visit our Block Leader Initiative webpage at www.higlandparkrochester.org/projects/block-leader-initiative/
HOLIDAY gift buying made easy with the WEDGE!

ABUNDANCE MARKET

THE ARTFUL GARDENER
It's you again. The Artful Gardener is a flower shop or garden center, you've got it all wrong! It’s a unique “see it to believe it” kind of place. Handmade items from local, regional and national artists, pottery, jewelry, steel sculpture, fused glass, soap and candles and more. Fair trade decorative arts from Haiti and Nepal and fabulous ornament and frost proof containers for the garden, too. Tues.- Fri. 11-6; Sat. 10-5. 727 Mt. Hope Avenue, 454-2874.

BANZAI B&B
Gift certificates for great sushi always make great holiday gifts. Or celebrate yourself with dinner at a full bar (craft cocktails, wine, beer and sake) and traditional sushi rolls, nigiri and sashimi, soups and appetizers like edamame. Click 473-3345.

BAUMAN’S BARBER
A free haircut can be the best gift for the man who has everything. 607 South Ave., 473-6061.

BEALE STREET CAFE
Give a Gift of the best barbecue and Cajun cuisine around. Blues played throughout the week. 689 South Ave., 271-4650, bealestreetcafe.com.

BOULDER COFFEE CO.
Spread the happiness into 2013 with a gift card for spiked coffee cocktails, wine and craft beer and yummy sandwiches, all on 100% certified organic beans. 100 Alexander St., 454-7140.

BREAD FOR ALL
How about a loaf and eat great, organic, preservative-free whole wheat and Old World Amish White - on subscription basics. $49.50 for a loaf a week for 10 weeks subscription. Customers can pick up at the bakery, 220 Mt. Hope Ave., next to the SWPC office. And residents of the South Wedge community can have their loaves delivered by bicycle to their door. A great holiday gift! For a list of holiday treats, call 773-9155 or Pilot 313-6674.

CALVARY ST. ANDREW PARISH FOOD BANK
Give the food of this holiday season. Donate to the parish food cupboard in a family or friend's name. $500, 335 Winton Ave., 325-4950.

CARPET CARPET!
New carpet sales and service, service, service and hardwood laminates and more. 754 South Clinton Ave., 303-4141.

ECHO TONE MUSIC
Check out these out: Takamine jazz signature model guitar $999, Stentor Graduate violin outfit $299, Dean playmate guitar for Kids $139 DDrum drum kit $39, 761 South Avenue, 454-2166, www.echotonomusic.net.

FORT HILL LIQUOR
Save with a 10% off coupon in the Wedge Newspaper or any purchase while you're stock up for your holiday events. 1520 Mt Hope Ave., 244-6160.

FULL MOON VISTA BIKES
Bikes and accessories for the whole family. 681 South Ave., 546-4030.

GLOVERS BARBER SHOP
Haircuts for seniors ($6) and college students ($8). 700 South Avenue, 244-8928.

HARRY’S MY DELI
Nose some great big subs, sandwiches and coffee. 661 South Avenue, 244-8928.

HEBONIST CHOCOLATES
The not-for-profit business offers unique, delicious chocolates. Our bags of chocolate bark or tins of drinking chocolate make a perfect gift anytime. “Our bags of chocolate bark or tins of drinking chocolate make delicious snacks that will last for several days.” 609 South Ave., 244-1300, www.chesneyddelicacies.com.

CHRISTOPHER GROUP
Stop killing yourself over taxes and bookkeeping. Let the Christopher Group suffer for you and do the work. 473 South Ave., 244-4210.

CINEMA THEATER

HIGHLAND BODY WORKS
Give the gift of health this holiday season. Choose from a variety of gifts for acupuncture, massage, Pilates and Yoga. 249 Highland Avenue, 242-9402.

HISTORIC HOUSEPARTS
Salvaging nostalgia since 1980. Save and restore building materials such as wood, kitchen and bathroom fixtures and accessories, plus organic bath and body products. Gift certificates available. 528 South Avenue. www.historicalhouseparts.com.

JOB’S NITDELI
Top some great big subs, sandwiches and coffee. 661 South Avenue, 244-8928.

LIN’S GARDEN
Delight a friend with a few day treats, call 775-9135 or Peggy at 653 South Ave., 563-6348.

MAGIX BOUTIQUE
Women’s clothing and more. 653 South Ave. 244-3370

MARINICE’S
Upcycled fashion gently used clothing and footwear. 792 South Ave. 442-6910.

MEXICAN DANCE ACADEMY
Irish, ballet, tap and classes or classes for children, special needs. 700 S. Clinton Avenue, 738-7952 or 489-6087, www.mexicanadanceacademy.com.

MISE EN PLACE
Gourmet takeaway prepared meals and lots more at affordable prices and groceries and gifts for the holidays. 683 South Ave. 325-4950.

NAPA WOOD FIRED PIZZA
Fresh, original artisan pizzas. Gift certificates available. 375 South Clinton Ave., 244-8950.

OPEN FACE SANDWICH EATERY
The sandwich! The cookies! Open your mouth and order a lot. Try a “Cookie Splits” or two. 651 South Avenue, 232-3000.

PLASTIC
Design your toys produced in limited quantities by artists and designers. Plastic, vinyl and other materials such as wood, resin. 630 South Ave., 563-6348.

PUB BATH SUPPLY CO.

PREMIER PASTRIES

RENEWING MASSAGE
Holiday gift certificates for a Renewing-Massage are a great way to take the stress out of the holidays - for you and for the person you give to! Simple, easy and greatly appreciated at $90 for an hour or $50 for 30 minutes. 709 6725, www.renewing-massage.com.

ROCHESTER COMMUNITY ACUPUNCTURE
Give the gift of wellness this holiday. Choose affordable gift certificates to enhance your loved one’s health. 728 South Ave., 287-5183, www.rochestercommunityacupuncture.com.

SOLERA WINE BAR & CHESE UPSTAIRS
Give the gift of an evening out at the divine Solera Wine Bar or upstairs at Chesire. Order the gift certificate online at 647 South Avenue, 232-3070.

SOUTHEAST BARBER
Gift the whole family with a trim, cut, color. 653 South Avenue, 325-5370.

SOUTH WEDGE COLONY BAR & GRILL
Treat a friend to beer and drink every day with the Wedge. We have as little as a $6 a bottle and nicer selections for treating yourself, special occasions and gifts. We also have a liquor section with popular choices and some special labels you won’t find in other stores. Free wine tastings weekly. 664 South Ave., 325-1973.

ST. JOSEPH’S HOUSE OF HOSPITALITY
Donate in a friend’s name and buy a meal for the hungry. 402 South Ave. 232-2262.

ST. JOSEPH’S NEIGHBORHOOD CENTER
Buy a gift for someone else. 417 South Ave. 325-5366.

TANGO CAFE DANCE STUDIO
Give a gift that keeps on giving throughout the year. Sign up yourself too for beautiful beginner-friendly classes, 389 South Avenue. 563-6348, tango-cafedance@yahoo.com, tango-cafedance.com.

TAP & MALT

THREAD
Find men’s and women’s clothing, accessories and original art you won’t find in other stores. 4160 Mt. Hope Ave. 244-1300, www.shopatthread.com.

ZAK’S AVENUE
The “go to” gift store offers jewelry, home decor, soaps, candles, art and much more. 661 South Avenue.

ZEPPA BISTRO
Give the gift of a good meal, appetizer or dessert this holiday season. 758 South Avenue. 474-0958, greenbeanbraising.com.

SOUTH WEDGE HOLIDAY GIFT GUIDE
Join the Rochester Rapids Swim Team! Competitive Swimming for Ages 6 and up.

A fun, family oriented swim club, committed to building strong swimmers with strong character.
Students Compete To Build a Better Breadbox

South Wedge’s Bread for All provided Rochester Institute of Technology (RIT) students in a Consumer Design course with a learning experience, and in return, the bakery got several prototypes of bread boxes they can use for their unique service of home delivery.

Bread for All, established in association with St. Joseph’s House of Hospitality, provides job training to members of the community who want to return to the work force through baking organic breads and desserts. Loaves are sold on a subscription basis and can either be delivered to South Wedge residents or picked up.

The RIT project was headlined by Professor Alex Lobes, assistant professor in RIT’s Department of Industrial Design. Lobes, a Fulbright Scholar with a M.F.A. from the University of Notre Dame and a B.I.D. from Universidad Rafael Landivar in Guatemala, challenged his 16 students to create a communal bread box.

“Sixteen students worked in pairs to build bread boxes that could hold up to 10 loaves of bread. [The boxes] could be used to serve a block of subscribers, sit on one of [subscribers’] porches and used as a meeting point for subscribers,” said Lobes.

The students were charged with creating a design that could be easily replicated to be “made as inexpensive as possible” said Lobes. Some used thrift store materials; others recycled materials such as bleached wooden pallets. One got a donation from a local Linoleum store while another team used cardboard and duct tape.

Lobes said many of the students were excited by the project. “They feel part of the South Wedge,” said Lobes, “So many live close to here.”

Bread for Life has not announced which design or design THEY’LL use, but the students were still “excited about creating a product for a consumer’s good but at the same time one with a social impact,” said Lobes.

To learn more about RIT’s Department of Design, “a human-centered discipline which requires an understanding of the complex relationships between culture and commerce,” visit www.industrialdesign.cas.rit.edu. To sign up for bread, contact Rachael at 775-9135 or email stgoen.bakery@gmail.com. Bread for All, 220 Mt. Hope Avenue at Hamilton Street.

Facing an Energy Emergency? HEAP and EAP Can Help

The Home Energy Assistance Program (HEAP) is a federal grant program that helps income eligible households with energy bills, repairs and weatherization. Households may receive one regular HEAP assistance season and may also be eligible for emergency HEAP benefits. The number of emergency benefits varies per season depending on the availability of funds. The 2012-2013 HEAP season opened on Nov. 19. Emergency HEAP opens Jan. 2, 2013. For more info, visit otda.ny.gov/main/programs/heap.

RG&E’s Energy Assistance Program (EAP) is designed to help eligible customers gain control of their energy bills. The program has two levels of assistance: EAP Basic Benefit (monthly bill credit) and EAP Limited Benefit (arrears forgiveness).

For more information, visit rge.com, click on “Your Account” and then “Energy Assistance: HEAP and EAP Can Help.”

Erie Harbor Public Art Proposals Deadline Extended

The City of Rochester, in partnership with the New York State Department of State, invites qualified, experienced New York artists to submit proposals for permanent commissioned works of outdoor public art as part of the Erie Harbor Public Enhancement Project.

The artwork will be selected by open competition. Up to three artists will be selected to enter into a contract with the City. Total funding available for the public art is $150,000.

The prospectus is online at www.cityofrochester.gov/erieharborenhancements.ART.

The deadline to submit proposals is 5 p.m., Thursday, January 3, 2013.
by Nancy O'Donnell

Harvesting Justice Dinner
Rural & Migrant Ministry hosts the Harvesting Justice Dinner to benefit the Justice for Farm workers Campaign. The event features a keynote address by The Reverend Dr. Marvin A. McKickle, President of the Colgate Rochester Crozer Divinity School and an integral figure in struggles for social, racial and economic justice. The dinner will also honor Ms. Librada Paz, the 2012 Robert F. Kennedy Center for Justice and Human Rights Laureate, and will feature music by the Justice for Farmworkers Musicians. This event will take place at the Temple Brith Kodesh at 2131 Elmwood Avenue. A reception will begin at 5:30 p.m. Tickets are $50. For further information and sponsorship opportunities, please contact Laura Leccour at (845)-485-8627 or at rmllecouroptimum.net or visit our website www.ruralmigrantministry.org.

Anywhere is walking distance if you have the time...
Rochester Walks!, with a grant from the New York State Department of Health, is advocating for environmental improvements that promote walking, labeling safe and interesting walking routes, and establishing walking clubs to bring neighbors together for fun and fitness. Learn more here: www.cityofrochester.gov/rochesterswalks.

Darn Good Cookie Co.
East House, a mental health and chemical dependency rehabilitation agency, recently opened Darn Good Cookie Co. Along with teaching jobs skills to recovering people, the shop offers a cookies beyond the regular chocolate chip and peanut butter. Look for “I Want Candy” Cookie, Red Velvet White Chip, and Ranger cookies. All proceeds from the sale of the cookies goes to East House. 582 Monroe Ave. 473-2181 or visit www.darncookies.com

SBDC Director Named
Paul J. Morrell has been named director of the Small Business Development Center (SBDC) at SUNY Geneseo. The SBDC provides confidential, one-on-one counseling services and group training for the public that are either free or very low cost.

“Our job is to help entrepreneurs see all the possibilities to make them successful,” said Morrell. “We offer tools and information for start-up, successful operation and expansion of small businesses. Our work re-inforces individual enterprise and promotes economic development in New York.”

Morrell is executive director of Morrell Associates, providing consulting expertise in sales, marketing, government relations, business development, real estate development, engineering and technical training services since 1989. Prior to that, he worked in the public sector for eight years and held several management positions in Rochester City Hall.

SBDC assistance is available through the South Wedge Planning Committee. For more info, call 256-1740, ext. 103.

Equal-Grounds Coffee presents the 6th annual Rochester AIDS Memorial Quilt in honor of World AIDS Day, December 1. This is the only opportunity to see the AIDS Memorial Quilt in the Rochester area through December.

The four quilt panels will be on display at the shop through Fri., Decembere 7.

Questions regarding The AIDS Memorial Quilt can be sent via email to john@equalgrounds.com. 750 South Avenue. 256-2362.

Little Free Library Opens
Community activist David Day recently celebrated Azalea Neighbors’ first Little Free Library. The structure was built by David Haight.

“Our Little Free Library’s inaugural books include about thirty-forty books, mostly a broad range of novels, mysteries and non-fiction titles,” said Day. “I encourage parents of young children to donate age-appropriate titles to share with other neighborhood kids. We like to boast of our library’s unique solar-powered light, so that when you open the door, a small light goes on, thanks to the ingenuity of the property-owner and his wife, Money and Barb DeMay. Pretty cool! We are planning to decorate the little library for the upcoming holidays. The library serves as an especially nice “way-station” for all our dog-walkers, too!”

The South Wedge Victory Garden gardeners and guests celebrated the bounty of their hard work at a Fall Harvest Lunch in the South Wedge Planning Committee office. From l-r: Felton, Ann, Jim, Heather, Brandy, Alex, Meredith, Marta, Sharon, Nancy, Scott, Nathaniel, Colt and Derek (Photo by Nancy O’Donnell)

Yoga in the Neighborhood
www.yogahood.net 358 Mulberry Street Rochester, New York Liz Hallmark, E-RYT yogahood@frontiernet.net (585) 244-0962 free trial class
Banzai Sushi & Cocktail Bar Opens on South Avenue

Tokyo meets Paris in Banzai Sushi & Cocktail Bar on South Avenue. Co-owner and chef Nick Grammatico brings his own take on sushi, blending traditional sushi ingredients with Charcuterie techniques.

“I approach sushi as a French chef not a Japanese chef,” said Grammatico. “I use ingredients, cooking techniques foreign to traditional Japanese chefs. I season all the fish in a Japanese way but I treat it like cappachino [fish or meat pounded to its thinnest width].”

In the Surf and Turf maki roll, seared beef goes on top of the snow crab, cucumber and avocado after Grammatico uses a blow torch to cook the thin pieces of beef. Along with the beef, he squirts a dash of ponzu sauce, a soy citrus mix, that he makes himself.

“We age it in the basement,” Grammatico said. “This one is five years old.”

Grammatico opened his first sushi restaurant, Pirhana, on Park Avenue in 2008. At that venue he fuses Southeast Asia and Central America flavors.

“My favorite dish on the menu is spicy tuna taco,” said Grammatico. “I took to the restaurant business as a career in 1997 at California Rollin’. In 2006 he left to study at the Culinary Institute of America, the oldest and most prestigious culinary school in the U.S. “I liked Charcuterie which is the art of preserving, curing, brining and smoking meats.”

Along with traditional sushi, maki rolls, bento boxes and dim sum, soup and salad, the restaurant has an impressive drink menu which will change with the seasons. On the current menu, mixed drinks include the Kentucky Pumpkin Patch which blends Old Weller Bourbon, Snap Organic liqueur, butternut squash and brown sugar. Other distinctive cocktails include Walking Dead (silver and dark rums, X Rated Fusion in juices) and the Green Buddha (Tyku Soju, St. Germain, Charbay Green Tea Vodka and lemon) which join a long list of wine and beers. Next Banzai Sushi initiative is to add a wider selection of saki that currently numbers nine on the cocktail list.

He took to the restaurant business as a career in 1997 at California Rollin’. In 2006 he left to study at the Culinary Institute of America, the oldest and most prestigious culinary school in the U.S. “I liked Charcuterie which is the art of preserving, curing, brining and smoking meats.”

Grammatico thought about opening a second restaurant in the South Wedge after talking to frequent Pirhana patron, Lyjha Wilton, who owns the Boulder Coffee House Empire and the building he now rents. With his brother Matthew, Grammatico started making plans as Wilton gutted the building.

“[South Wedge business] neighbors were really supportive,” said Grammatico. “They even wrote a letter [of support] to city planning. Grammatico has also considered moving his home from Irondequoit to the South Wedge if the house is large enough for

Exemplary Employee Honored by Owner

Top Notch Barbering owner Johnny Scott recently recognized barber Johnny Lopez for “six faithful years of service at the South Clinton Barbershop. Johnny has a Master Barbers License from the State Board, and he’s done a flawless job,” said Scott, noting that Lopez has not missed one day of work in six years.

Lopez’s hopes to eventually own his own shop, but now he’s perfecting his cutting techniques which includes “lots of taper, free style designs and color stencils.”

One of his masterpieces involved creating “a chess board style of a client’s head” and clipping a “Puerto flag” on another’s.

“I’ll give them anything they ask for,” said Lopez.

Top Notch Barbering, Inc. 970 South Clinton Ave., 473-1640.
Winter Flu Ends with You!

By Alexie Cruz Purun, MD, FAAP

Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

While flu outbreaks can happen as early as October, most of the time the flu activity peaks in January or later. People can get the flu many times in their lives. Flu viruses are always changing over time and from year to year.

People with flu can spread it to others up to about six feet away. Most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose. To avoid this, people should wash their hands often with soap and water.

Most healthy adults may be able to infect others beginning one day before symptoms develop and for a week after becoming sick. Children may pass the virus for longer than a week. Symptoms start one to four days after the virus enters the body. That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.

The flu is different from a cold. The flu usually comes on suddenly. People who have the flu often feel some or all of these symptoms: a sudden fever, chills and body aches, headache, body aches, and being a lot more tired than usual, sore throat, dry and hacking cough, or stuffy and runny nose. Some children may have vomiting and diarrhea.

Most people who get influenza will recover in a few days to less than two weeks, but some people will develop complications (such as pneumonia) as a result of the flu, some of which can be life-threatening and result in death. Pneumonia, bronchitis, and sinus and ear infections are three examples of complications from flu. The flu can make chronic health problems worse. For example, people with asthma may experience asthma attacks while they have the flu.

Anyone can get the flu (even healthy people), and serious problems from influenza can happen at any age, but some people are at a higher risk for developing serious flu-related complications if they get sick. This includes people 65 years and older, people of any age with certain chronic medical conditions (such as asthma, diabetes, or heart disease), pregnant women, and young children.

The best way to protect yourself from the flu is to get the flu vaccine every year. Safe vaccines are made each year to protect against the flu. This year’s flu vaccine protects against one strain from last year and two new strains. These are Influenza A (H1N1), Influenza A (H3N2) and Influenza B. The number of vaccine doses your child needs this year depends on his age at the time the first dose is given and his flu vaccine history. Children 6 months through 8 years of age should get two doses if they haven’t been vaccinated for the flu vaccines twice since July 1, 2010, or only one dose if they have. Children 9 years and older need only one dose.

Everyone should get the flu vaccine each year to update their protection. Yearly flu vaccine provides protection that lasts about 6 to 12 months. Also, the virus strains in the vaccine change, as they did this year, so your protection usually needs updating.

Vaccination also is important for health care workers and others who live with, or care for, high risk people to keep from spreading flu to them. Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. People who care for them should be vaccinated instead.

The best time to get the flu vaccine is the early fall or as soon as it is available in your community. If your child does not get the flu vaccine right away, it is still important to get it anytime. The flu vaccine infects people in the fall, winter, and well into the spring each year. Your child can still be protected if she gets a flu vaccine as late as March, April, or May. Ask your doctor if you have any questions about the flu vaccine.

Dr. Alexie Cruz Purun

Help School #12 Blows Its Own Horn

The instrumental music program at James P.B. Duffy School #12 on South Avenue continues to grow under the direction of the wonderful music teacher, Ms. Carla Diapouridis. Unfortunately, the school doesn’t have enough instruments. Fifty-two students had to be turned away this school year, unable to participate because there was no instrument for them to use. We are short instruments for flute, 10 clarinets, 12 trumpeters and 9 percussion students. If anyone has an instrument hanging around that they would like to donate that would be fabulous (and it is tax deductible). If you don’t have an instrument, consider purchasing a Save Our School Instrument Book for $20. It’s full of great local deals. For each book sold, $10 will be directed toward our music department. To buy a book stop by the main office at school during school hours or contact Lori Bryce (242-9956 or eclaire@frontiernet.net). Books are available through the month of October – unless we sell out first!

5 Reasons Why You Should Live in the South Wedge...

By Miss Maya Reagan

1. We have delicious restaurants like Mise En Place and Little Venice Pizzeria.
2. We have great shops like The Swedish Shop, Zak’s Avenue and Thread.
3. We have the best farmers market ever from June through October.
4. We have good bars including Red Doors and Lux. (I’m not allowed to go in for another 11 years.)
5. Great coffee shops like Boulder, Equal-Grounds and Coffee Connection. (I usually get hot chocolate.)

Maya Reagan is a 5th grader at St. John Catholic School. Maya plans to be a pediatrician when she grows up.

“Disaster to Dream” continued from pg. 1

Banzai Sushi

continued from page 9

Charley, a mixed breed that includes some “very active pointy-eared Griffon” that he rescued. If Grammatico has any down time he’s most likely reading classic books (Charley got his name after Grammatico read John Steinbeck’s book Travels with Charley). “Last week I worked 105 hours. My last vacation was in 2008.”

Banzai Sushi, 682 South Avenue, 473-0345. Hours: Mon.-Wed 11:30 a.m.–2 p.m. (Sushi served until 10 a.m), Thursday –Saturday 11:30 a.m.–2 p.m. (Sushi served until 11 a.m.), Sunday 4 p.m.–2 a.m. (Sushi served until 10 p.m.)

MCC Foundation Honors Peter Monacelli

The Monroe Community College Foundation inducted Peter Monacelli into its Alumni Hall of Fame. Monacelli graduated from MCC in 1963. He is now President and CEO of Monacelli Enterprises, Inc. He also works as a adjunct faculty member in MCC’s Visual and Performing Arts Department.

Happy Holidays

Locally-sourced Organically Grown

Abundance Cooperative Market

62 Marshall Street

Off Monroe Avenue near the Owl House restaurant www.abundance.coop / 454.2667

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

HOURS

Mon-Sat: 9:30-9:00

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10

FORT HILL LIQUOR

1020 N. Hope Ave. (585) 244-6160

MONDAYS

Open 9:30-10
Harry Bronson Wins 2nd Term in State Assembly

by Nancy O'Donnell

South Wedge resident Harry Bronson returns to Albany after winning his second term at the State Assembly.

“I am grateful for the support I have received from those that live, work and play in the South Wedge,” said Assemblymember Bronson. “I am honored to represent the families of Monroe County with your help we have been able to accomplish so much, but there is still more to be done. I am ready to tackle the issues that matter most to you, including fighting for the state to live up to its commitment to educate our children, partner with private sector to retain and create jobs, and ensure that our hardworking families are not overburdened with unnecessary taxes, while protecting those who are least able to protect themselves.”

Democrat Bronson represents the NY 131 District which encompasses parts of the city of Rochester as well as the towns and villages of Chili, Churchville, Mumford, Riga, Rush, Scottsville and Wheatland.

Assemblyman Bronson co-owns Equal-Grounds coffee house on South Avenue with John White, and he serves as an adjunct professor at Cornell University School of Industrial and Labor Relations in Ithaca.

With the Neighborhood Streets Revitalization Program, the City Council Member Elaine Spaull joined business owner Tonja McNair, of Tonja’s Personal Touch featuring Headz Up Hats for a ribbon cutting ceremony to celebrate its new location at 524 Mt. Hope Ave.

“Tonja’s Personal Touch featuring Headz Up Hats is certainly a welcome addition to the neighborhood,” said Mayor Thomas S. Richards. “This kind of establishment, with an emphasis in fashion and art adds a new facet to the character of Mt. Hope Avenue.”

After a decade at 674 South Avenue, McNair moved to the rejuvenating section of Mt. Hope Avenue at Cypress Street.

Tonja’s Personal Touch featuring Headz Up Hats was touted on the City’s website for her ability to grow her small local business over time: “[McNair] originally employed three staff members. With this expansion and move to the Mt. Hope Ave. location, Ms. McNair has doubled her staff to six, and hopes to hire 3 to 5 additional employees over the next several years.”

HeadZUp sells a wide assortment of hats and caps for men, women and children.

Tonja McNair’s collection of men’s hats (Photo by Johannes Bockwoldt)

Tonja’s Personal Touch featuring Headz Up Hats, 524 Mt. Hope Ave, 442-7680. Visit her on Facebook. Hours: Mon. through Wed. from 11 a.m. to 6 p.m., Thurs. and Fri., 11 a.m. to 7 p.m. and Sat. from 10 a.m. to 6 p.m.

Hedonist Chocolate Heats Up the Holiday

Now along with artisan ice cream specially flavored for the holidays, Hedonist Chocolate has added drinking chocolate to the menu. Choose from butterflies and cinnamon chipotle. Holiday ice cream flavors include candy cane, pumpkin with sugared pumpkin seeds, egg nog, apple pie and cranberry sorbet. Cat ice cream Sunday-Thursday, 10 a.m. - 9 p.m., Fri. & Sat. 10 a.m. - 11 p.m. Hedonist Artisan Chocolate and Ice Cream, 674 South Ave., 461-2815. www.hedonistchocolate.com

Supporter Launches Indigogo Campaign to Restore Thread

Soon after Antonio Esteves learned that South Avenue boutique, Thread, had been robbed of an estimated $20,000 of merchandise in early November, he turned to Indigogo, the website that gives “everyone the opportunity to raise money.”

Owner of a custom apparel printing company, Tiny Fish, Esteves launched “Thread Restore Project” to raise $10,000 for Thread owners Mike Ford and Sandy Brazis to help them “make up for the lost sales and increase the store’s security.”

“The thread is more than just a trendy clothing boutique, Thread is a part of our community. It’s also an opportunity for local artists to connect with local customers. Thread is a-whimsical window display in an area of once boarded up store fronts. It stands as a testament to the recent progression of the South Wedge,” writes Esteves. “With this campaign, we intend to send a strong message of hope to Sandy and Mike to let them know they are not on their own. The community believes in is here to repay the favor - we’re here to help rebuild and restore.”

At print time, the Restore Thread campaign had over 1,100 visitors and had raised approximately $4,132 in donations. The fundraising ends near Dec. 20.

To learn more or to donate visit, www.indigogo.com, “Thread Restore Project.”

Ellwanger Barry Nursery School

EBNS is a cooperative preschool, nurturing growth, creativity, cooperation, and friendship. Our school has offered Rochester parents a unique educational environment since 1974, come and see what it’s all about.

To learn more contact 461-4250 or visit www.ebns.org
Wedding Announcement

Philip Monacelli & Damien Cordero

Philip and Damien

Damien Cordero and Philip Monacelli were joined in marriage on October 13, 2012. The ceremony and reception were held at the private residence of a family friend. The couple met through mutual friends around Christmastime 2009 at a local bar. However, it is likely that “the one” in a bar, the couple fell fast in love and moved in together months later.

Philip Monacelli is the son of Adriene Yingling, a recent homeowner with the purchase of “a little red house in the South Wedge.” Damien works as a scientist at the University of Rochester. The couple plans to “live in the neighborhood and move in together a few special swing era dance performances by Groove Juice Swing and the Flower City Follies.

The Holiday Ball starts at 7 p.m. Dance lessons are as follows: Free Beginner Swing Dance Lesson 7-8 p.m., Swing Dancing and Holiday Cheer 8-11 p.m. Groove Juice Swing Studio (Third Floor, Building 389), 389 Gregory St, Rochester NY 14620.

South Clinton 1903 – “Looking south along South Clinton Avenue from Averill Avenue. In the background is the intersection with Gregory Street. An automobile and a horse-drawn wagon are in the street. Streetcar tracks can be seen in the brick-paved street.” From the collection of the Rochester City Hall Photo Lab.”

Red Hot Holiday Ball

Recently featured in the Democrat and Chronicle’s “Retooling Rochester” column, the South Wedge is a popular urban neighborhood with a rich and compelling history.

Named after the Genesee River and what was once the Erie Canal (and is now Interstate 490), the Wedge was settled in conjunction with the canal’s construction in the early 1820s. As the canal trade grew, the area developed into a neighborhood of laborers, skilled craftsmen, shopkeepers and their families. The boat building became a major industry.

One of Rochester’s most historic districts, the South Wedge was originally a part of Brighton. It was annexed by the city in 1834, the year that the New York State legislature granted Rochester its first charter. Since that time, it has undergone great changes, becoming a vital and dynamic part of the city.

In 1838, the area had the distinction of hosting the nation’s first municipal Victorian cemetery, Mount Hope. Across the street, pioneer nurserymen George Ellwanger and Patrick Barry set up shop in 1840, transforming the area into an idyllic landscape with blossoming fields and blooming hot houses. The Ellwanger and Barry Nurseries were so impressive that they soon attracted a nationwide market, ensuring Rochester’s status as the Flower City.

By the 1860s, the popularity of the cemetery and the nurseries necessitated a trolley line along Mount Hope Avenue, South Wedge’s first street railway.

Home to the famous abolitionist and human rights advocate, Frederick Douglass, the South Wedge neighborhood was also a stop on the Underground Railroad, the network of people and places that conducted enslaved blacks to freedom in the decades preceding the Civil War.

The area continued to grow throughout the nineteenth century, gaining residents, businesses, roads, churches, a school, a hospital, and a most impressive public park complete with a reservoir and a three-story pavilion. By the turn of the twentieth century, the Wedge was a particularly strong and bustling community, which thrived into the 1940s.

Sadly, the neighborhood declined after World War II. As residents left the city to establish homes in the suburbs, many businesses closed their doors. Abandoned houses and buildings soon deteriorated and absentee landlords were not inclined to improve them.

As local historian Jeff Ludwig explains in the Democrat and Chronicle, the South Wedge hit its all-time low in the early 1970s. Crime and hardship filled the streets of the once-vibrant community south of downtown. The hope, vision, and strong work ethic on which the city was built, however, remained.

“Holdover South Wedge residents refused to surrender their neighborhood to decay,” Ludwig notes. Forming the South Wedge Planning Committee (SWPC) in 1973, they enlisted the help of community groups, private investors and government agencies to revitalize the area.

Today the South Wedge thrives anew. Successful SWPC initiatives focusing on safety and beautification have attracted an influx of residents and businesses that have contributed to the neighborhood’s resurgence.

The Wedge combines atmosphere and attitude,” Ludwik observes, “making it a unique, charming slice of the city.” Indeed. Characterized by its charm, diversity, hipness, and community pride, the South Wedge is once again a neighborhood known and loved by many Rochesterians.

To read Ludwik’s full article and listen to his brief narration, visit the D&C’s website: www.democratandchronicle.com/retrofitting/rochester/old-south-wedge.
Fruitcakes get a bad rap in this country. A classic unwanted gift, there is an even annual Great Fruitcake Toss in Manitou Springs, CO, where those who dread fruitcakes from relatives can get rid of them in a spectacular fashion. And if you’ve ever only ever plucked a fruitcake off of a shelf or picked one out of a catalog, I can’t blame you for not liking them. Those cakes can be eaten fresh, but if allowed to age for a month or so, the flavors will develop and mature.

Liquor-soaked fruit cakes can be crumbly, so chill before cutting and use a long serrated knife. Bring the slices back up to room temperature before serving.

Fruitcakes get packed with neon candied fruit for not liking them. Those cakes catalog, I can’t say I blame you ever plucked a fruitcake off of a shelf or picked one out of a catalog. I can’t blame you for not liking them. Those cakes can be eaten fresh, but if allowed to age for a month or so, the flavors will develop and mature.

Liqueur-soaked fruit cakes can be crumbly, so chill before cutting and use a long serrated knife. Bring the slices back up to room temperature before serving.

1/2 cup molasses
2 1/2 cup brandy
2/3 cup rum
2/3 cup honey

Reserve 1/2 cup of the flour. Whisk the remainder with the spices and salt in a large bowl.

Toss the fruit and nuts with the reserved flour to coat and set aside.

Beat the butter in a very large bowl until creamy. Gradually add the sugar and beat on high until light and fluffy. Beat in the egg yolks one at a time.

Mix in the flour-spice mixture in three parts, alternating with the 1/4 cup brandy and the molasses. Stir in the flour in small amounts until the batter is smooth. Blend the egg whites in a large spotless bowl with clean beaters until soft peaks form. Fold a quarter of the whites into the batter to lighten it, then gently fold in the remainder.

Divide the batter between the prepared pans. Bake until the cakes have shrunk a bit from the sides and a toothpick inserted in the center comes out clean, about 1 1/2 to 2 hours. Allow the cakes to cool on a rack for at least an hour, then unmold them, remove the paper, and let cool completely.

Blend together the honey, rum, and brandy and heat in a microwave or saucepan until hot but not boiling. Pierce the cakes multiple times on all sides with a thin skewer and pour the liquor mixture, drop by drop, over the cakes, until all the liquid has been absorbed.

Return the cakes to the pans and wrap tightly with plastic wrap and aluminum foil. Store in a cool dry place. The cakes can be eaten fresh, but if allowed to age for a month or so, the flavors will develop and mature.

Perhaps We Can Help You?

We offer:
- Primary Health Care
- Dental Care
- Personal and Family Counseling
- Literacy and GED Tutoring

For the Uninsured,

Call 585-325-5260 for more information, or visit our website at www.sjncenter.org

Sponsored by the Sisters of St. Joseph St. Joseph’s Neighborhood Center 417 South Avenue Rochester, NY 14620

FREE SIMPLE FEDERAL TAX RETURN (FEDERAL FORM 1040EZ)

Come try the best tax professionals in the industry at a great price... FREE. You pay nothing when H&R Block prepares your 2012 Federal Form 1040EZ. For more information, please visit us at hrblock.com/1040EZ. But hurry, the offer expires February 15, 2013.

Type of federal return filed is based on taxpayer’s personal situation and IRS regulations. Free 1040EZ is generally used by single/married individuals with adjusted gross income of $53,000 or less, no dependents, no itemized deductions, and certain types of income (including wages, salaries, tips, dividends, scholarships or fellowship grants, and unemployment compensation). Additional fees apply for Earned Income Credit and if you file any other federal returns. Taxes are based on Internal Revenue Service Circular E 2012. H&R Block guarantees 100% accuracy of all tax information. P.O. Box 4468, Englewood, CO 80155. ©2012 H&R Block, Inc., All rights reserved.

H&R Block®
NEVER SETTLE FOR LESS®

H&R Block has been helping taxpayers since 1955.

We offer:
- Primary Health Care
- Dental Care
- Personal and Family Counseling
- Literacy and GED Tutoring

For the Uninsured,

Call 585-325-5260 for more information, or visit our website at www.sjncenter.org

Sponsored by the Sisters of St. Joseph St. Joseph’s Neighborhood Center 417 South Avenue Rochester, NY 14620

FREE SIMPLE FEDERAL TAX RETURN (FEDERAL FORM 1040EZ)

Come try the best tax professionals in the industry at a great price... FREE. You pay nothing when H&R Block prepares your 2012 Federal Form 1040EZ. For more information, please visit us at hrblock.com/1040EZ. But hurry, the offer expires February 15, 2013.

Type of federal return filed is based on taxpayer’s personal situation and IRS regulations. Free 1040EZ is generally used by single/married individuals with adjusted gross income of $53,000 or less, no dependents, no itemized deductions, and certain types of income (including wages, salaries, tips, dividends, scholarships or fellowship grants, and unemployment compensation). Additional fees apply for Earned Income Credit and if you file any other federal returns. Taxes are based on Internal Revenue Service Circular E 2012. H&R Block guarantees 100% accuracy of all tax information. P.O. Box 4468, Englewood, CO 80155. ©2012 H&R Block, Inc., All rights reserved.

H&R Block®
NEVER SETTLE FOR LESS®

H&R Block has been helping taxpayers since 1955.

We offer:
- Primary Health Care
- Dental Care
- Personal and Family Counseling
- Literacy and GED Tutoring

For the Uninsured,

Call 585-325-5260 for more information, or visit our website at www.sjncenter.org

Sponsored by the Sisters of St. Joseph St. Joseph’s Neighborhood Center 417 South Avenue Rochester, NY 14620

FREE SIMPLE FEDERAL TAX RETURN (FEDERAL FORM 1040EZ)

Come try the best tax professionals in the industry at a great price... FREE. You pay nothing when H&R Block prepares your 2012 Federal Form 1040EZ. For more information, please visit us at hrblock.com/1040EZ. But hurry, the offer expires February 15, 2013.

Type of federal return filed is based on taxpayer’s personal situation and IRS regulations. Free 1040EZ is generally used by single/married individuals with adjusted gross income of $53,000 or less, no dependents, no itemized deductions, and certain types of income (including wages, salaries, tips, dividends, scholarships or fellowship grants, and unemployment compensation). Additional fees apply for Earned Income Credit and if you file any other federal returns. Taxes are based on Internal Revenue Service Circular E 2012. H&R Block guarantees 100% accuracy of all tax information. P.O. Box 4468, Englewood, CO 80155. ©2012 H&R Block, Inc., All rights reserved.

H&R Block®
NEVER SETTLE FOR LESS®

H&R Block has been helping taxpayers since 1955.
Shop Local & Keep your $$ in the Community!

Southview Towers

1 Bedroom Apartments
All Utilities Included
- Affordable Housing
- Community Room
- On Bus line
- Pet Friendly
- Great Location
- Laundry Facilities

Rates begin at $554!
*Income restrictions apply

325-2580
Office Hours: Mon-Fri 10:00 a.m. - 4:30 p.m.
southviewtowers@frontiernet.net
500 South Avenue
Rochester

The Wedge
December 2012/January 2013

Please Support Our Advertisers

Need a Doctor?
We offer care for your entire family.

Highland Family Medicine
777 South Clinton Avenue, near Meigs St.

- Evening and Saturday hours
- Pregnancy care
- Timely appointments available
- On-site lab
- Mental health services
- On-site pharmacy

For an appointment please call 585.279.4889